WOONSOCKET SENIOR CENTER

84 Social Street
Woonsocket, RI 02895
401-766-3734
agingwellinc.org

NOVEMBER 2026 NEWSLETTER

WE ARE THANKFUL

for the people who make this place what it is



November is the month everyone stops long enough to say what they are grateful for. At Aging Well Inc. that list starts with the members who walk through the door every morning, and it runs a long way from there. It takes in the volunteers who call the bingo games. It takes in the staff who are here five days a week, and the kitchen that puts lunch on the table. It takes in everyone who has ever given a dollar or an afternoon, and everyone who keeps coming back. Thank you for making 84 Social Street what it is, and from all of us here we wish you and yours a very happy Thanksgiving.

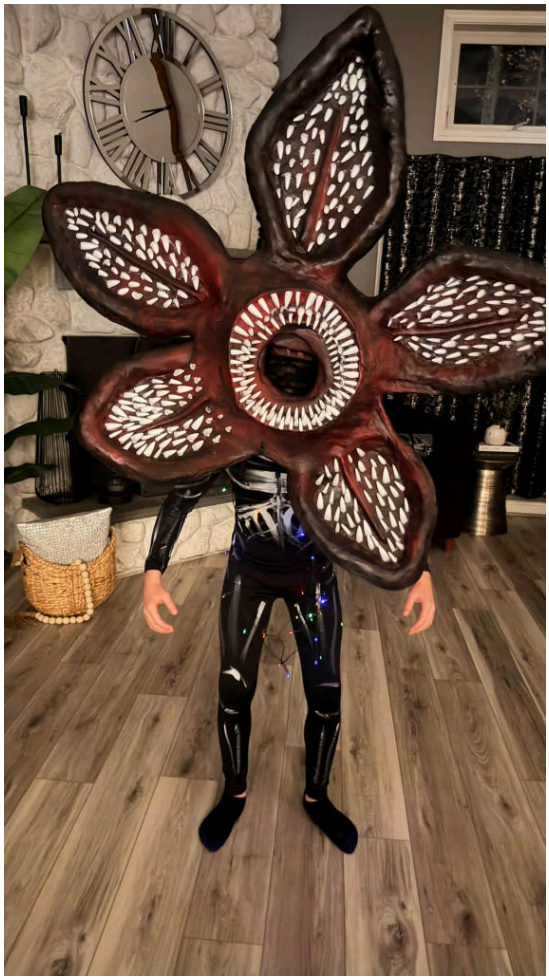
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Scan to open the app

or visit **agingwellinc.org**

Happy Halloween from my family to yours...











MEET THE TEAM



Ryan MacLeod
Yuna's Dad (and ED)



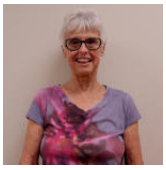
Chris Curtis
Finance Manager



Stephen Healey
Congregate Meals Dir.



Marie Piette
Congregate Meals



Susan Jameson, PT
Director of Wellness



Donna Narodowy
Dir. of Senior & Comm.



Jane Dubois
Receptionist



Nancy Miller
Receptionist



Guy Boulay
MIAA Counselor



Jeanne Theroux
Meals on Wheels



James Forcier
Maintenance



Debra Frigon
Finance Assistant



Jane Allard
Facilitator



Diane Westerman
Facilitator



Steve Westerman
Fitness Instructor



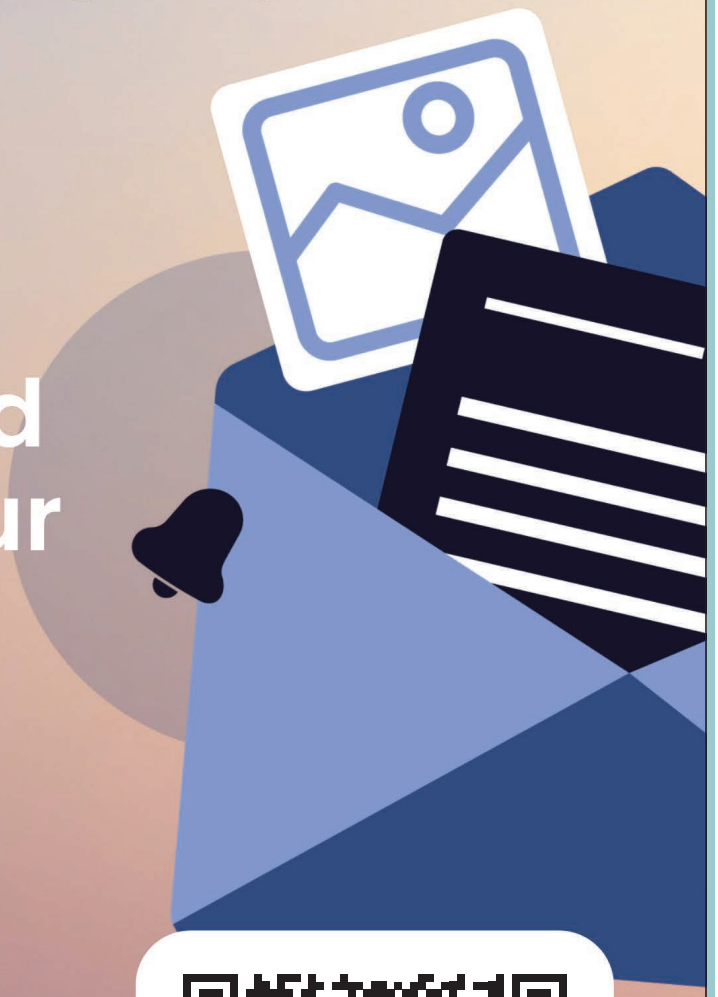
Elaine Olivier
Fitness Instructor



Fran Golombiewski
Dance & Fitness

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NOVEMBER AT 84 SOCIAL STREET

EVERY WEEKDAY

8:30 AM

Coffee & Conversation

Free coffee and unstructured conversation every weekday morning. A great way to start the day with friends and neighbors.

9:30 AM

Morning Exercise

Different class every morning. See the activity calendar or app for today's pick. All levels welcome, free with your $18 membership.

10:30 AM

Wellness Activity

A new wellness class every day. Choir, Pilates, Brain Games, Write for Delight, and more. Check the calendar or app for today's pick.

11:30 AM

Lunch

Sit down with friends in the Dining Room. Hot and cold lunch options daily for adults 60+. Check the menu and sign up 48 hours in advance. Suggested $3 donation supports the program.

12:30 PM

Afternoon Activities

There's always something happening in the afternoon at 84 Social Street. Check the calendar or app for today's lineup.

MEMBERSHIP

$18 per year

That works out to $1.50 a month.

WHO CAN JOIN

Anyone 55 or older who wants to be here. No residency requirements.

WHAT'S INCLUDED

Almost everything is included:

- Daily Exercise Classes
- La Placita Space
- Access to La Bodega & La Farmacia
- Outdoor recreation: pickleball, shuffleboard, gardening, and more

*Optional activities have small fees, always clearly labeled.

ALL AT 84 SOCIAL STREET



Bingo
Every Monday and Thursday!



Daily Exercise
Group exercise every morning.



Daily Lunch
$3 suggested donation.



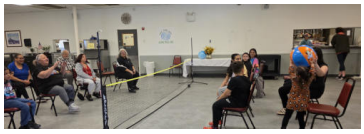
La Placita
Bilingual. All are Welcome!



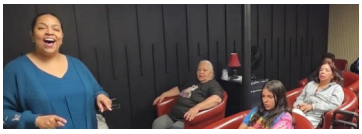
Zumba & Line Dancing
Various dance classes available.



Pickleball
Included with $18 membership.



Chair Volleyball
Play seated. Just for fun.



Choir
All singing abilities welcome!



La Bodega & La Farmacia
Free for all members, Tue & Fri.



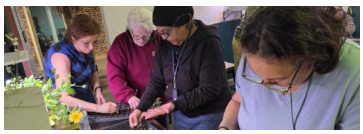
Puzzles & Brain Games
Keep your mind sharp.



Sewing & Crafts
Groups and Individual Projects.



Pool (billiards)
Free with membership.



Indoor & Outdoor Garden
Year Round Gardening.



Meditation
Be mindful with Diane.



Reiki & Reflexology
$10 Reiki. $25 Reflexology.



Your Activity
Let's make it happen!

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NOVEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 **#1 Beef & vegetable Shepherd's pie** Vegetable barley soup Mashed potato Corn bread Sliced peaches **#2 Chicken salad**	**03** **#1 Lemon chicken w/artichokes** Navy bean soup Cauliflower bulgur pilaf Mashed sweet potatoes Cookies **#2 Egg salad plate**	**04** **#1 Swedish meatballs w/mushroom** Chicken noodle soup Gravy Italian green beans, Barley pilaf Fresh melon **#2 Turkey sandwich on wheat**	**05** **#1 Pork loin w/apple onion gravy** Tomato soup Vegetable medley Rice pilaf Marble cake **#2 Greek salad w/chicken**	**06** **#1 Sausage & pepper sandwich** Lentil soup Roasted zucchini & yellow squash Sliced pears **#2 Corned beef & Swiss**
09 **#1 Moroccan chicken** Minestrone soup Roasted broccoli w/cheese Sweet potato Fruit cocktail **#2 Roast beef sandwich**	**10** **#1 Sloppy joe** Mushroom barley soup Sauteed Greek vegetables Lemon potatoes Jello **#2 Seafood salad plate**	**11** **Closed for Veterans Day** Closed in observance of Veterans Day. The center reopens Thursday, November 12 at 8:00 AM.	**12** **#1 Pot roast w/gravy** Split pea soup Mashed potatoes Glazed carrots Cake **#2 Egg salad sandwich**	**13** **#1 Chicken stew** Tuscan vegetable soup Brussels sprouts Roasted sweet potatoes Sliced pears **#2 Greek salad w/chicken**
16 **#1 Chicken marsala** Minestrone soup Mixed vegetables Rice Florentine Fresh fruit **#2 Ham & cheese on rye**	**17** **#1 Italian meatballs w/red sauce** Three bean soup Roasted red potatoes Green beans w/diced tom & onion Tropical fruit **#2 Turkey & cheese on wheat**	**18** **#1 Pork roast w/gravy** Chicken soup Brown rice pilaf Stewed tomatoes w/zucchini Cookie **#2 Chicken salad plate**	**19** **#1 Roasted turkey w/gravy** Butternut squash soup Stuffing Mashed potato/cranberry sauce Roasted root vegetables Holiday pies	**20** **#1 Baked fish** Kale & sausage soup Rice pilaf Cole slaw Watermelon **#2 Italian grinder**
23 **#1 Baked pasta w/mini meatballs & Sausage** Vegetable soup Roasted green beans & carrots Sliced pears **#2 Chicken salad on wheat**	**24** **#1 Roasted chicken w/spinach & tomatoes** Escarole & bean soup Rice pilaf/mixed vegetables Sliced peaches **#2 Egg salad on rye**	**25** **#1 Honey garlic pork chops** Tomato basil spinach soup Garlic mashed cauliflower Baby carrots Cookie **#2 Seafood salad plate**	**26** **Closed for Thanksgiving** No meals are served. The center is also closed Friday and reopens Monday, November 30 at 8:00 AM.	**27** **Closed for the day after Thanksgiving** No meals are served. The center reopens Monday, November 30 at 8:00 AM.
30 **#1 Pub burger w/cheese** Lentil soup w/vegetables 3 bean salad Potato wedges Cookie **#2 Ham & cheese on rye**				

ABOUT THE MENU

- Adults 60+. Reserve your meal 48 hours ahead by phone or at agingwellinc.org. Choose #1 or #2.
- $3 suggested donation. Confidential. Not a bill.
- Your lunch contributions help us sustain the program.
- No one is denied a meal for inability to contribute.
- May contain nuts, seeds, beans, wheat bran, allergens.
- Funded by Older Americans Act (ACL & RI OHA).

NOVEMBER 2026 ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 08:30am Coffee & Conv. 09:00am Haircuts 09:30am Keep Moving 10:30am Radiant & Strong 10:30am Write for Delight 12:15pm Bingo	**03** 08:30am Coffee & Conv. 09:00am Mini Massage 09:30am Balance 09:30am Arts/Crafts 09:30am Cocinando 10:30am Chair VB / Choir 12:00pm Tap Fun 12:15pm Gimnasia 01:15pm Creative Time 01:30pm Zumba 02:30pm Line Dance	**04** 08:30am Coffee & Conv. 09:00am Medicare 09:30am Get Moving 10:30am Meditation 12:30pm Reiki 12:30pm Cribbage 12:30pm Crochet	**05** 08:30am Coffee & Conv. 09:00am Haircuts 09:30am Get Moving 10:30am Pilates 12:15pm Bingo 02:00pm Adult Tap 02:00pm Movie 03:00pm Barre	**06** 08:30am Coffee & Conv. 09:00am Arts/Crafts 09:30am Qigong / Choir 10:30am Brain Games 10:30am Garden 10:30am Jardineria 12:15pm Gimnasia 01:15pm Creative Time
09 08:30am Coffee & Conv. 09:00am Haircuts 09:30am Keep Moving 10:30am Radiant & Strong 10:30am Write for Delight 12:15pm Bingo 03:30pm Drum Circle	**10** 08:30am Coffee & Conv. 09:30am Balance 09:30am Arts/Crafts 09:30am Cocinando 10:30am Chair VB / Choir 11:00am Veterans Luncheon 12:00pm Tap Fun 12:15pm Gimnasia 01:15pm Creative Time 01:30pm Zumba 02:30pm Line Dance	**11** **Closed for Veterans Day** Veterans Day is a federal holiday. The center is closed and no meals are served. We reopen Thursday, November 12 at 8:00 AM.	**12** 08:30am Coffee & Conv. 09:00am Haircuts 09:30am Get Moving 10:30am Pilates 12:15pm Bingo 02:00pm Adult Tap 02:00pm Movie 03:00pm Barre	**13** 08:30am Coffee & Conv. 09:00am Arts/Crafts 09:30am Qigong / Choir 10:30am Brain Games 10:30am Garden 10:30am Jardineria 12:15pm Gimnasia 01:15pm Creative Time
16 08:30am Coffee & Conv. 09:00am Haircuts 09:30am Keep Moving 10:30am Radiant & Strong 10:30am Write for Delight 12:15pm Bingo	**17** 08:30am Coffee & Conv. 09:30am Balance 09:30am Arts/Crafts 09:30am Cocinando 10:30am Chair VB / Choir 10:30am Nutrition 12:00pm Tap Fun 12:15pm Gimnasia 01:15pm Creative Time 01:30pm Zumba 02:30pm Line Dance	**18** 08:30am Coffee & Conv. 09:00am Medicare 09:30am Get Moving 10:30am Meditation 12:30pm Cribbage 12:30pm Crochet	**19** 08:30am Coffee & Conv. 09:00am Haircuts 09:30am Get Moving 10:30am Pilates 12:15pm Bingo 02:00pm Adult Tap 02:00pm Movie 03:00pm Barre	**20** 08:30am Coffee & Conv. 08:30am Podiatrist 09:00am Arts/Crafts 09:30am Qigong / Choir 10:30am Brain Games 10:30am Garden 10:30am Jardineria 12:15pm Gimnasia 01:15pm Creative Time
23 08:30am Coffee & Conv. 09:00am Haircuts 09:30am Keep Moving 10:30am Radiant & Strong 10:30am Write for Delight 12:15pm Bingo	**24** 08:30am Breakfast 09:30am Balance / Arts/Crafts 09:30am Cocinando 10:00am Reflexology 10:30am Chair VB / Choir 12:00pm Tap Fun 12:15pm Gimnasia 12:30pm Spec. Bingo 01:15pm Creative Time 01:30pm Zumba 02:30pm Line Dance 04:00pm Charcuterie	**25** 08:30am Coffee & Conv. 09:00am Medicare 09:30am Get Moving 10:30am Meditation 12:30pm Cribbage 12:30pm Crochet	**26** **Closed for Thanksgiving** The center is closed for Thanksgiving and again on Friday. No meals are served. We reopen Monday, November 30 at 8:00 AM.	**27** **Closed for the day after Thanksgiving** The center is closed the day after Thanksgiving. No meals are served. We reopen Monday, November 30 at 8:00 AM.
30 08:30am Coffee & Conv. 09:00am Haircuts 09:30am Keep Moving 10:30am Radiant & Strong 10:30am Write for Delight 12:15pm Bingo	**LA PLACITA** **Open to everyone - translators on site!** Spanish programming on Tuesdays & Fridays: • Coffee, Cooking • Choir, Gardening • Brain Games • Creative Time	**PAID EVENTS** **Bingo - $1/card** ($4 for 4 cards) **Reiki $10 · Nov 4** **Breakfast $3 · Nov 24** **Reflexology $25 · Nov 24** **Charcuterie $10 · Nov 24** **Haircuts - $10** All else free with $18 membership.	**LA BODEGA & LA FARMACIA** Free food, household items, OTC medical supplies for members. **Open Tue & Fri:** **9:30am - 2:30pm** Support from **Elisha Project**	**CLOSED IN NOVEMBER** **Wed Nov 11** Veterans Day **Thu Nov 26** Thanksgiving **Fri Nov 27** Day after **Reopen Mon Nov 30**

ACTIVITIES

MINI MASSAGE

Tue 11/3, 9:00am

Chair massage with Sarah in the Wellness Room. Free for members, in fifteen minute slots. Sign up in the office in advance, and walk-ins are welcome if a slot is open.

MEDICARE OPEN ENROLLMENT

Wed 11/4 & 11/18 & 11/25, 9:00am

Medicare's open enrollment runs through December 7. Guy is in the back office on Wednesdays from 9:00 to 1:45, in 45 minute appointments. Call 401-766-3734 to book a time.

REIKI

Wed 11/4, 12:30pm · $10

Reiki with Kim Garneau, this month in the Beach Room. Gentle hands-on energy work. $10 a session. Sign up in advance at the office.

DRUM CIRCLE

Mon 11/9, 3:30pm

Join John Belisle for a drum circle in the Main Hall. Wine and cheese are available for purchase after drumming.

VETERANS LUNCHEON

Tue 11/10, 11:00am

In the Main Hall, 11:00 to 1:00, courtesy of the City of Woonsocket. Sign up in the office in advance.

NUTRITION

Tue 11/17, 10:30am

With Melissa in the Pool Room, 10:30 to 11:30. Free, and no need to sign up.

PODIATRIST

Fri 11/20, 8:30am

Foot care by appointment in the Wellness Room, 8:30 to 11:30. Sign up at the office.

BREAKFAST CLUB

Tue 11/24, 8:30am · $3

Start your morning with good food and good company. Breakfast is made right in our kitchen by Steve and Marie, using simple, familiar favorites. $3 suggested donation. Sign up in the office in advance.

REFLEXOLOGY

Tue 11/24, 10:00am · $25

Foot reflexology with Cheryl. Calming, restorative pressure work. $25 per session. Sign up in the office in advance.

SPECIAL BINGO

Tue 11/24, 12:30pm

A special afternoon of bingo on the last Tuesday of the month. Free with lunch, extra cards $1 each. Sponsored by Valley View Health and Rehabilitation.

CHARCUTERIE BOARD

Tue 11/24, 4:00pm · $10

A Thanksgiving charcuterie board in the Main Hall with Donna and Sue, 4:00 to 6:00. $10. Sign up in the office in advance.

COFFEE & CONVERSATION

Weekdays, 8:30am

Start your day with free coffee and easy conversation in the Main Hall. Walk, chat, or simply settle in, however you like to begin. A warm, welcoming way to see friends every weekday morning.

GET & KEEP MOVING

Mon + Wed + Thu, 9:30am

Gentle, full-body movement with Elaine Olivier and Steve Westerman in the Main Hall on Mondays, Wednesdays and Thursdays. Build strength and flexibility at a comfortable pace. A friendly, welcoming class for every level.

RADIANT & STRONG

Mondays, 10:30am

Build strength and steadiness with Elaine Olivier and Steve Westerman in the Main Hall. Controlled movements and good form help you feel strong and confident in everyday life. All fitness levels are welcome.

WRITE FOR DELIGHT

Mondays, 10:30am

A welcoming writing group with Jane Allard in the Sewing Room where everyone has a voice. Journal, story, or poem, whatever you enjoy. No experience needed, just bring your imagination.

ARTS & CRAFTS

Tue + Fri, 9:00am / 9:30am

Open craft time in the Craft Room on Tuesdays and Fridays. Work on a group piece or bring your own project, with supplies on hand. Drop in any time and join the table.

BALANCE & FLEX
Tuesdays, 9:30am
Gentle work on posture, stability, and everyday mobility with Elaine Olivier in the Main Hall. Safe for all levels, with a focus on controlled movement and breathing. Leave moving a little more confidently.

CHAIR VOLLEYBALL
Tuesdays, 10:30am
Low impact, high laughter with Susan Jameson in the Main Hall. Played from chairs with a soft ball, so everyone can join in. Drop in any week and have a blast.

TAP FOR FUN
Tuesdays, 12:00pm
Easy tap with Fran in the Tap Room. New steps welcome, and no experience needed.

ZUMBA GOLD
Tuesdays, 1:30pm
Dance your way to fitness with Fran Golombiewski in this lively, low-impact class for older adults. Easy, upbeat routines that boost coordination and energy. It feels more like a party than a workout.

LINE DANCING
Tuesdays, 2:30pm
Group line dancing with Fran Golombiewski in the Main Hall. Simple steps, good music, and plenty of laughs, no partner needed. Come learn a dance or two with a friendly crowd.

MEDITATION
Wednesdays, 10:30am
A midweek pause with Diane Westerman and Jane Allard in the quiet of the Beach Room. Guided breathing and gentle meditation. Gentle support for body and spirit, no experience needed.

CRIBBAGE FOR FUN
Wednesdays, 12:30pm
Friendly cribbage after lunch in the Pool Room. New or experienced, a warm group is ready to deal you in. Come learn the ropes or sharpen your game.

CROCHET GROUP
Wednesdays, 12:30pm
Crochet and needlework with Irene Gledhill in the Craft Room. Bring a project or start a new one with help. A cozy, social way to spend a Wednesday afternoon.

AGELESS PILATES
Thursdays, 10:30am
A gentle Pilates class on the mat or in a chair, focused on core strength, posture, and flexibility. Move at your own pace with modifications for every fitness level.

ADULT TAP
Thursdays, 2:00pm
A tap dance class with Fran Golombiewski in the Tap Room. Learn steps and routines in a supportive, upbeat group. All levels welcome, just bring comfortable shoes.

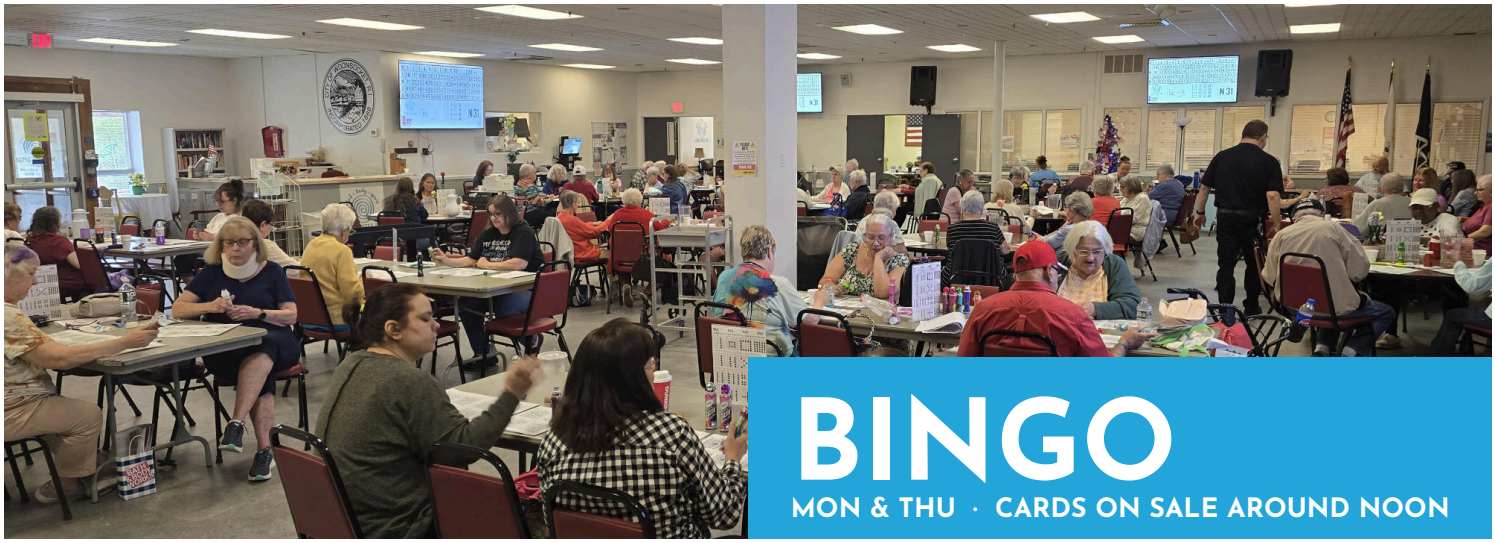
MOVIE MATINEE
Thursdays, 2:00pm
A free afternoon movie in the Main Hall. Settle in with popcorn and enjoy the show. The title is posted in the lobby so you can plan ahead.

BARRE FITNESS
Thursdays, 3:00pm
Low-impact strength and balance with Fran Golombiewski, blending Pilates, ballet, and yoga. Use a chair for support at any fitness level. A graceful way to build steadiness.

QIGONG
Fridays, 9:30am
Slow, flowing movement and mindful breathing with Patricia Higgins in the Pool Room. Gentle on the joints and good for balance. Start your Friday relaxed and centered with a friendly group.

BRAIN GAMES
Fridays, 10:30am
Puzzles, wordplay, and memory challenges with Susan Jameson in the Pool Room. A lighthearted but real workout for the mind. Friendly problem-solving to end the week sharp.

GARDEN GROUP
Fridays, 10:30am
Gardening and outdoor time in El Jardin, Fridays at 10:30. Dig in year-round at any level of experience. Enjoy fresh air, green space, and good company.



BINGO

MON & THU · CARDS ON SALE AROUND NOON

FOUR GAMES EVERY MONDAY & THURSDAY, EXCEPT THANKSGIVING

ESSENTIALS FOR NEW PLAYERS

- Come early to grab your favorite spot in the hall.
- Game 1 starts between 12:20 and 12:30pm.
- Cards $1 each. Pack of 4 for $4. $400 prize pool.
- Buy all of your cards at once before Game 1.
- Daubers free at the door. $1.50 for your own.
- New number every 17 seconds, previewed on one of our four big screens!
- Wait for the official call before shouting Bingo.
- Volunteer callers run every game.
- Bring a friend (55+). New players welcome every week.
- Come and see why Aging Well Inc. is the undisputed leader in daytime bingo in Woonsocket!

	$12	$16	$22	$50
GAME 1	Any Single	Letter T	Letter U	Full Card
GAME 2	Four Corners	Letter L	Letter F	Full Card
GAME 3	Any Double	Inner Round	Outer Round	Full Card
GAME 4	Any Single	Any Double	Letter E	Full Card



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PARTICIPANT CONTRIBUTIONS

DONALD'S CORNER

Hispanic month was from Sept. 15 to Oct. 15. Thur Oct. 15 was the last day for the Hispanic Month. The Woonsocket Senior Center had a Hispanic Celebration on that night. We had the Hispanic Celebration so people could learn about different Hispanic countries. There are a lot of different Hispanic countries. We had a few different Hispanic foods from a few different Hispanic countries.

Those who came could pick up a "passport" and "travel" to the different Hispanic countries and learn about them. There were signs for the different Hispanic countries that we could "travel to". There was a stamp for each Hispanic country that we could stamp our "passport" with. The sign has info on the country that is on the sign. Some of the Hispanic countries are: Cuba, Panama, Spain, Costa Rica, Argentina, Chile, Bolivia, Dominican Republic, Puerto Rico and Mexico. Some of the info that is on the sign are: Language and Currency, Capital and Communities, Musical Traditions and Flavors of that country.

We must give a big thank you to James Diossa the State Treasurer for sponsoring the event. The very first Honoree for the Hispanic Heritage event is Vicente Morales.

At the event there was a Mariachi which is a Mexican cultural singer / performer. He wore a traditional Mexican horseman's outfit called a traje de charro, in English a Charro suit.

A good time by all.

Until next month, see you at the Senior Center.



Congressman Gabe Amo at the Hispanic Heritage celebration, October 15.

HOMETOWN

by Melvyn B. Gendron

There is a sadness about my hometown.
You gladly leave and regretfully return.
It is a mother who speaks softly to her children,
But never laughs aloud and hardly smiles.
Painted on a canvas
Of grey or reddish brown-colored brick.
Beneath skies, if not angry.
Melancholy and flat.
In every direction,
Church spires,
Forgotten ancestral homes,
and archaic remnants of beauty-
Striving to survive.
Along the river,
A vanquished citadel,
Not yet, perhaps never, defeated.
The city, a heart breaking, but still beating.
A place of memories both regretful and exquisite.
Is it that you miss the way it used to be?
A hometown,
A moody refuge now,
Beckoning and reckoning-
A garden plot,
In need of time.

CELEBRATING THIS MONTH

Happy Birthday, November!

NOVEMBER 1
Lucille Germain
Roger Nichols

NOVEMBER 2
Genevieve Renaud

NOVEMBER 3
Jesse Bartlett

NOVEMBER 4
Melvyn Gendron
Carol Lacroix
Denice Mitchell
Michelle Patten

NOVEMBER 5
M. Pauline Rondeau

NOVEMBER 7
Linda Drohan
Linda Orlando

NOVEMBER 8
Virginia Brandao

NOVEMBER 9
Kathleen Turgeon

NOVEMBER 10
Arlene Asissis

NOVEMBER 13
Carol Belrose
Diane Prete Dys

NOVEMBER 14
Lynne Menard

NOVEMBER 16
Doris Burrows

NOVEMBER 18
Tyesha Perry
Stephen Roust

NOVEMBER 19
Venera Gonzalez

NOVEMBER 20
Thomas Ryan

NOVEMBER 21
Oswald Galley

NOVEMBER 22
Phil Salois

NOVEMBER 23
Theresa Bourget
Donna Casey

NOVEMBER 24
Connie Levasseur

NOVEMBER 25
Karen Nicienski

NOVEMBER 26
Muriel Duplessis

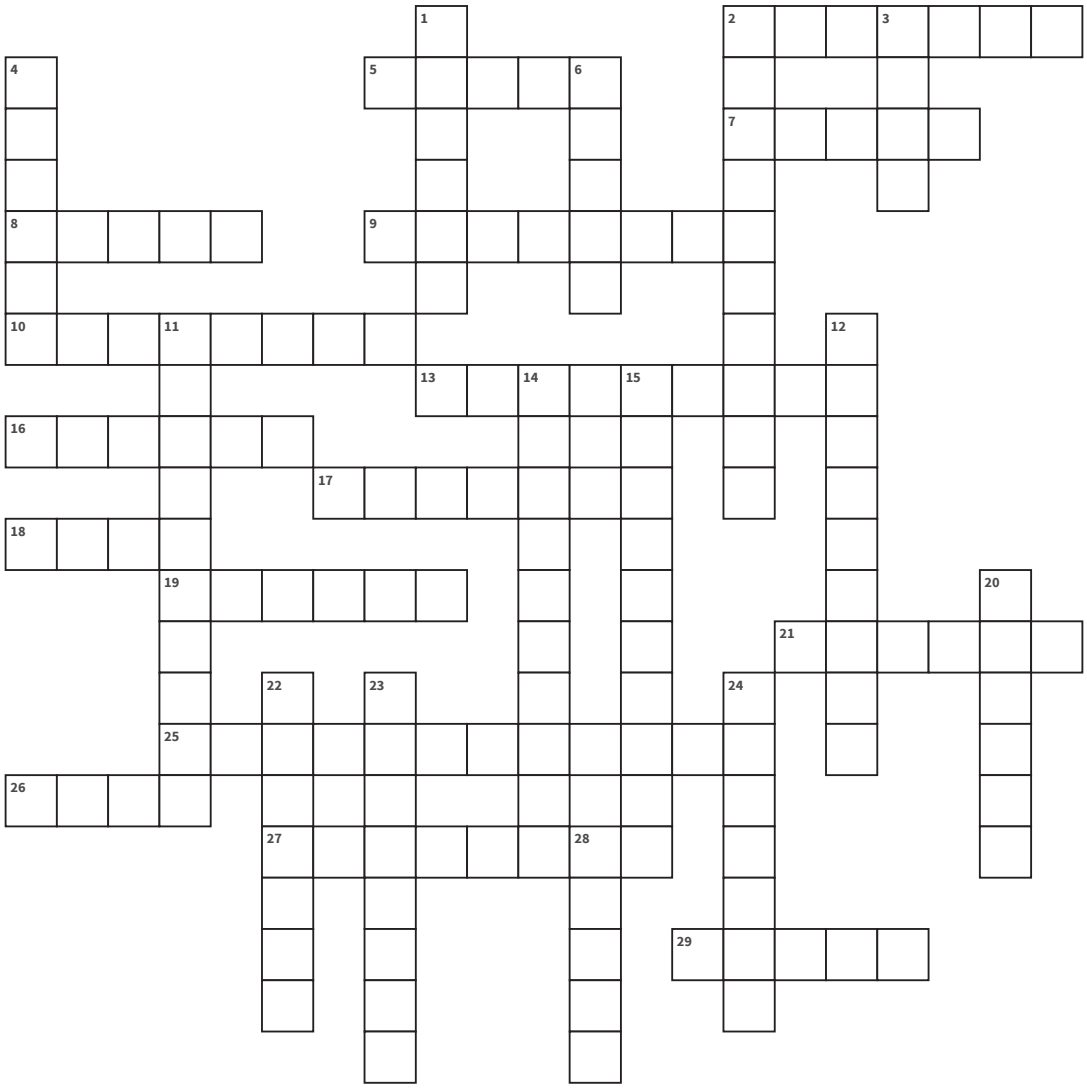
NOVEMBER 27
Darline Amaral
Lynn Lacroix

NOVEMBER 29
Tammy Lalumiere

NOVEMBER 30
Andree Fanning
Sharon Smith

Woonsocket and Rhode Island

Everything in this puzzle is true. Answers on the next page.



ACROSS

2 ___ Group, in the Craft Room with Irene
5 In the Main Hall at 12:15, a dollar a card
7 Woonsocket ___, the largest drop on the Blackstone
8 ___ Island, reached by ferry from Point Judith
9 The state tree, two words
10 ___ for Fun, in the Pool Room
13 The room the Spanish-language programs meet in, two words
16 Woonsocket High School teams, the Villa ___
17 City of the Cliff Walk and the Gilded Age mansions
18 The Museum of ___ and Culture on South Main Street
19 ___ Street, where the senior center is
21 The ___ Room, where lunch is served at 11:30
25 The bay that nearly cuts the state in two
26 The one word on the Rhode Island state arms
27 Rhode Island is the ___ state in the country
29 ___ Gold, with Fran in the Main Hall

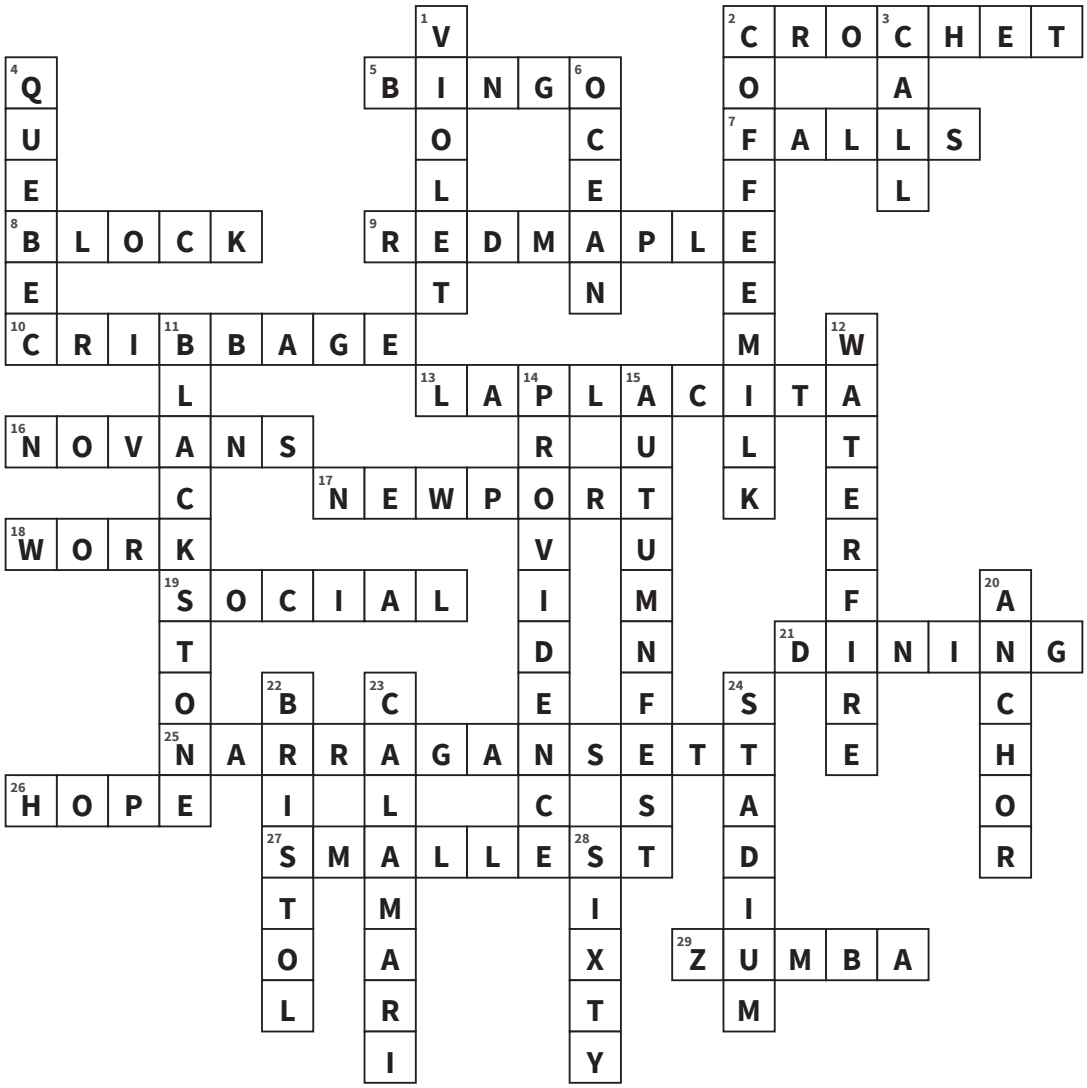
DOWN

1 The state flower
2 The official state drink since 1993, two words
3 Woonsocket's daily paper, The ___
4 The province many Woonsocket mill families came from
6 Rhode Island is the ___ State
11 The river that runs through Woonsocket
12 Bonfires lit on the rivers in downtown Providence
14 The capital, founded by Roger Williams in 1636
15 Woonsocket's festival on Columbus Day weekend
20 The golden figure on the state arms
22 This town has held a Fourth of July celebration since 1785
23 The official state appetizer since 2014
24 The ___ Theatre on Monument Square, opened in 1926
28 Lunch at the center is for people this age and over, spelled out

CROSSWORD

Answers

Woonsocket and Rhode Island crossword.



ACROSS

2 CROCHET
5 BINGO
7 FALLS
8 BLOCK
9 REDMAPLE
10 CRIBBAGE
13 LAPLACITA
16 NOVANS
17 NEWPORT
18 WORK
19 SOCIAL
21 DINING
25 NARRAGANSETT
26 HOPE
27 SMALLEST
29 ZUMBA

DOWN

1 VIOLET
2 COFFEEMILK
3 CALL
4 QUEBEC
6 OCEAN
11 BLACKSTONE
12 WATERFIRE
14 PROVIDENCE
15 AUTUMNFEST
20 ANCHOR
22 BRISTOL
23 CALAMARI
24 STADIUM
28 SIXTY

FRIDAY, DECEMBER 4

NIGHT BINGO

18 AND OVER · NEW BINGO LICENSE · BIGGER PRIZES!

DOORS OPEN
4:00 PM

FIRST CALL
6:00 PM

MONDAY & THURSDAY
55 and over

- Nothing about the daytime games is changing.
- Cards on sale around noon, first game at 12:30.
- A dollar a card. Up to $400 in prizes.
- The 50/50 is drawn after the last game.
- Daubers are free at the door.

FRIDAY NIGHT
18 and over

- An entirely different experience, where you might win big money.
- Food is on sale from around 4:30 until first call.
- Doors at 4:00 PM, first call at 6:00 PM.

PLAY FOR AS LITTLE AS $6
That gets one sheet for each normal game.

HOW A GAME RUNS

- The prize and the pattern are announced before each game.
- A winning card is checked in front of other players.
- If more than one person wins, the prize splits evenly.





84 Social Street, Woonsocket
401-766-3734 · agingwellinc.org

AGING WELL INC.

84 Social Street, Woonsocket, RI 02895
401-766-3734 · agingwellinc.org

SNAPSHOTS FROM 84 SOCIAL STREET

REAL MOMENTS, REAL MEMBERS, REAL JOY



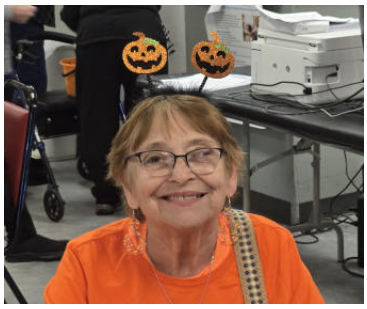












AGING WELL INC.

OPEN MON-FRI
8:00am - 4:00pm

Membership $18 per year. Ages 55+. No residency requirement. Meals 60+ for a suggested $3 donation.

MAKE A DONATION
Aging Well Inc. is a separate 501(c)(3) nonprofit that proudly operates the senior center for the City of Woonsocket. Meals cost double our suggested donation. Donate at agingwellinc.org.

RHODE ISLAND OFFICE OF HealthyAging

NOVEMBER FEATURE

MEDICARE OPEN ENROLLMENT
Open enrollment runs through December 7. What you change takes effect January 1. Guy meets with people in 45 minute appointments. Call 401-766-3734 to book a time.

YEAR-ROUND COUNSELING
Free private appointments with Guy on Medicare Part D, Advantage Plans, and personal fraud or abuse concerns. Call 401-766-3734.

COMMUNITY PARTNER
Woonsocket Situation Table

A multi-agency collaboration of local human service, health, education, and criminal justice professionals meeting weekly to address situations where an individual or family is at significant risk. The team builds an action plan and connects people with community services.

Aging Well Inc. is a proud member.
woonsocketsituationtable.org